



*“Pressure does two things- bursts pipes and creates diamonds. Which one are you?”  
~Brian Cook*

## **Eva’s Village Recovery Community Center**

**22 Jackson Street, Paterson, NJ 07501 (973)381-0425**

**After hours help line: Mon – Fri 4 p.m. to 9 p.m.**

<b>Saturday 1</b>	<b>Sunday 2</b>	<b>Monday 3</b>
		8:15am-8:45am Meditation
<i>Center Closed</i>	<i>Center Closed</i>	9am-10am Power Hour
7pm-9pm Spanish AA		11am-12pm Health and Wellness
		1pm-2pm Anger Management
		3:15pm-4pm Pressing Onward*
<i>Self-Injury Awareness Day</i>	<i>National Old Stuff Day</i>	<i>I Want You To Be Happy Day</i>
<b>Tuesday 4</b>	<b>Wednesday 5</b>	<b>Thursday 6</b>
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am Power Hour	9am-10am Power Hour
11am-12pm Letting Go	11am-12pm HMSM: Healthy Eating*	11am-12pm SMART Recovery*
1pm-2pm MAT	1pm-2pm Mood Disorders*	1pm-2pm Self-Esteem
		7pm-9pm Spanish AA
<i>National Son’s Day</i>	<i>National Multiple Personality Day</i>	<i>National Oreo Cookie Day</i>
<b>Friday 7</b>	<b>Saturday 8</b>	<b>Sunday 9</b>
8:15am-8:45am Meditation		
9am-10am Spirituality	<i>Center Closed</i>	<i>Center Closed</i>
11am-12pm Relapse Prevention	7pm-9pm Spanish AA	
1pm-2pm Rec Day		
<i>Employee Appreciation Day</i>	<i>National Peanut Cluster Day</i>	<i>Day Light Savings Time</i>

<b>Monday 10</b>	<b>Tuesday 11</b>	<b>Wednesday 12</b>
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am Chase Bank*	9am-10am Power Hour
11am-12pm Working in Recovery	11am-12pm Criminal Justice	11am-12pm Letting Go
1pm-2pm Grief & Loss	1pm-2pm Community Assessment	1pm-2pm Mood Disorders*
3:15pm-4pm Pressing Onward*		
<i>National Napping Day</i>	<i>Johnny Appleseed Day</i>	<i>National Working Moms Day</i>
<b>Thursday 13</b>	<b>Friday 14</b>	<b>Saturday 15</b>
8:15am-8:45am Meditation	8:15am-8:45am Meditation	
9am-10am Power Hour	9am-10am Financial Mngmt	<i>Center Closed</i>
11am-12pm SMART Recovery*	11am-12pm All Recovery*	7pm-9pm Spanish AA
1pm-2pm MAT	1pm-2pm Rec Day	
7pm-9pm Spanish AA		
<i>K9 Veterans Day</i>	<i>National Pi Day</i>	<i>National Quilting Day</i>
<b>Sunday 16</b>	<b>Monday 17</b>	<b>Tuesday 18</b>
	8:15am-8:45am Meditation	8:15am-8:45am Meditation
<i>Center Closed</i>	9am-10am Power Hour	9am-10am Power Hour
	11am-12pm Anger Management	11am-12pm Grief & Loss
	1pm-2pm Healthy Relationships	1pm-2pm Positive Vibes
	3:15pm-4pm Pressing Onward*	
<i>National Panda Day</i>	<i>St Patrick's Day</i>	<i>National Sloppy Joe Day</i>
<b>Wednesday 19</b>	<b>Thursday 20</b>	<b>Friday 21</b>
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am STAR Program	9am-10am Reflections
11am-12pm Freedom Bank*	11am-12pm SMART Recovery*	11am-12pm Letting Go
1pm-2pm Mood Disorders*	1pm-2pm Parenting Skills	1pm-2pm Rec Day
	7pm-9pm Spanish AA	
<i>Let's Laugh Day</i>	<i>Spring Begins</i>	<i>National Single Parent Day</i>
<b>Saturday 22</b>	<b>Sunday 23</b>	<b>Monday 24</b>
		8:15am-8:45am Meditation
<i>Center Closed</i>	<i>Center Closed</i>	9am-10am Power Hour
7pm-9pm Spanish AA		11am-12pm Health & Wellness
		1pm-2pm Working in Recovery
		3:15pm-4pm Pressing Onward*
<i>National Goof off Day</i>	<i>National Puppy Day</i>	<i>National Cheesesteak Day</i>
<b>Tuesday 25</b>	<b>Wednesday 26</b>	<b>Thursday 27</b>
8:15am-8:45am Meditation	8:15am-8:45am Meditation	8:15am-8:45am Meditation
9am-10am Power Hour	9am-10am Power Hour	9am-10am Power Hour
11am-12pm Reflections	11am-12pm PCoPE*	11am-12pm SMART Recovery*
1pm-2pm Anger Management	1pm-2pm Mood Disorders*	1pm-2pm Positive Vibes
		7pm-9pm Spanish AA
<i>Medal of Honor Day</i>	<i>Epilepsy Awareness Day</i>	<i>National Joe Day</i>

<b>Friday 28</b>	<b>Saturday 29</b>	<b>Sunday 30</b>
8:15am-8:45am Meditation		
9am-10am Spirituality	<i>Center Closed</i>	<i>Center Closed</i>
11am-12pm Self-Esteem	<b>7pm-9pm Spanish AA</b>	
1pm-2pm Rec Day		
<i>Something on a Stick Day</i>	<i>Vietnam War Veterans Day</i>	<i>Virtual Vacation Day</i>
<b>Monday 31</b>		
8:15am-8:45am Meditation		
9am-10am Power Hour		
11am-12pm Working in Recovery		
<i>National Crayon Day</i>		

